

18th October 2021

Full Body Circuit Workout



IVS
DIAMOND POWER

Taylored Personal Training

2 for One
With this code
IVS22

ANERLEY TOWN HALL

£6

per person

45 minute session

From 6:45PM

Call now to reserve your space

07502 249 318

www.ivspower.co.uk

julia@ivspower.co.uk



IVS
DIAMOND POWER
Taylored Personal Training

UK
COACHING

YMCA
fit

Call now to reserve your space

07502 249 318

*Have fun while
achieving your
goals*